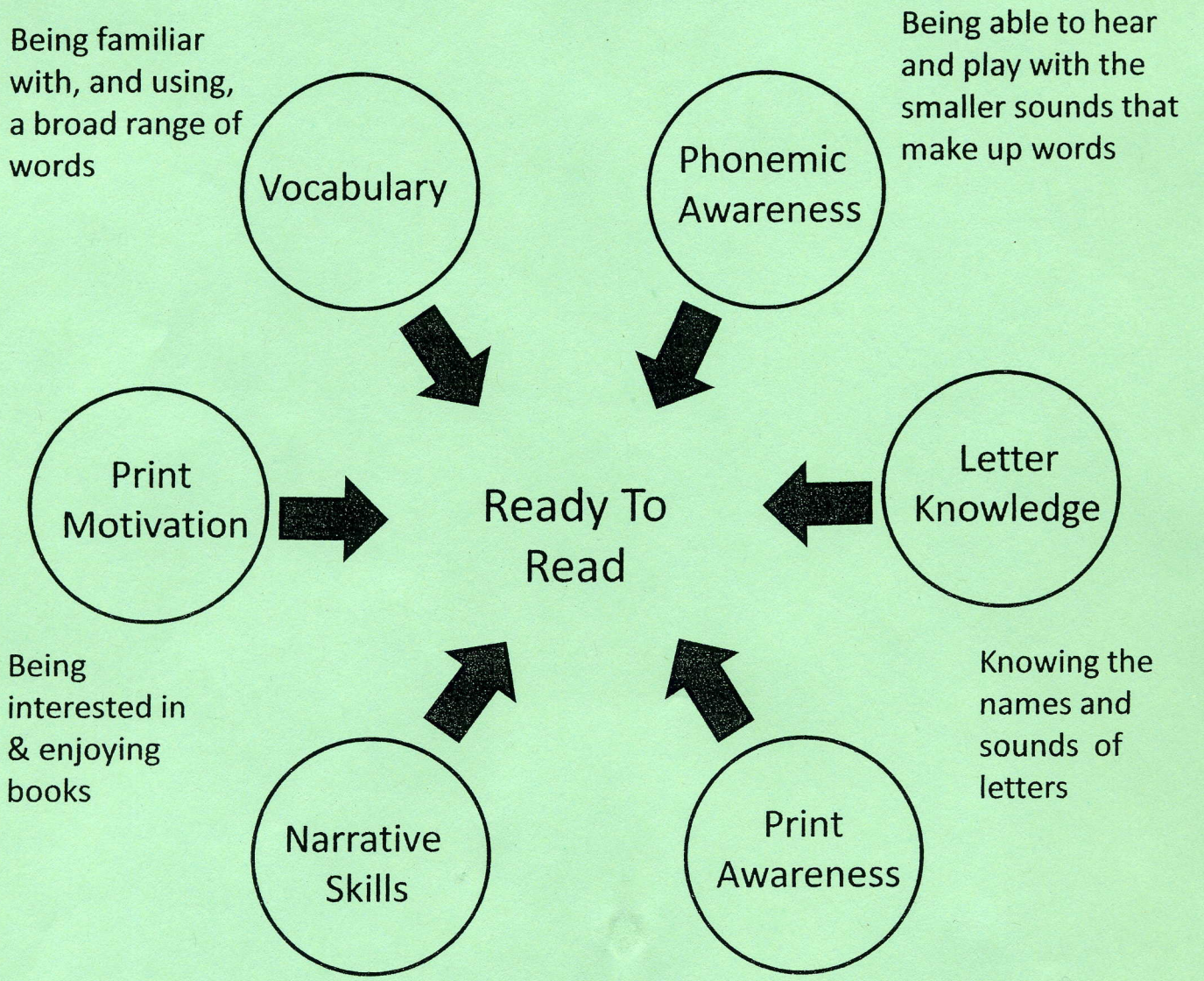What Helps a Preschooler Get Ready to Read?